



# City of Lauderhill

City Hall  
5581 W. Oakland Park  
Blvd.  
Lauderhill, FL, 33313  
www.lauderhill-fl.gov

## File Details

**File Number: 19R-3161**

**File ID:** 19R-3161

**Type:** Resolution

**Status:** Agenda Ready

**Version:** 1

**Reference:**

**In Control:** PALS Department

**File Created:** 03/11/2019

**File Name:** PROFESSIONAL SERVICES AGREEMENT RENEE GOMES YOGA FITNESS CLASSES AND INSTRUCTION

**Final Action:**

**Title:** RESOLUTION NO. 19R-03-53: A RESOLUTION OF THE CITY OF LAUDERHILL APPROVING THE PROFESSIONAL SERVICES AGREEMENT BETWEEN THE CITY OF LAUDERHILL AND RENEE GOMES TO PROVIDE YOGA FITNESS CLASSES AND INSTRUCTION SERVICES AT SADKIN COMMUNITY CENTER; PROVIDING TERMS, CONDITIONS AND FEES; PROVIDING FOR AN EFFECTIVE DATE (REQUESTED BY CITY MANAGER, CHARLES FARANDA).

**Notes:**

**Sponsors:**

**Enactment Date:**

**Attachments:** RES-19R-03-53-Agrmt-professional service Renee Gomes-Yoga.pdf, Professional Services Agrmt - Renee Gomes-Yoga-Sadkin.pdf, EXHIBIT A RGomes Yoga classes.pdf, Exhibit B RGomes 030419.pdf, COI insurance RGomes fitness yoga instructor 022519.JPG

**Enactment Number:**

**Contact:**

**Hearing Date:**

\* **Drafter:** dbrown-dyer@laudershill-fl.gov

**Effective Date:**

## History of Legislative File

Ver- sion:	Acting Body:	Date:	Action:	Sent To:	Due Date:	Return Date:	Result:
------------	--------------	-------	---------	----------	-----------	--------------	---------

### Text of Legislative File 19R-3161

**RESOLUTION NO. 19R-03-53: A RESOLUTION OF THE CITY OF LAUDERHILL APPROVING THE PROFESSIONAL SERVICES AGREEMENT BETWEEN THE CITY OF LAUDERHILL AND RENEE GOMES TO PROVIDE YOGA FITNESS CLASSES AND INSTRUCTION SERVICES AT SADKIN COMMUNITY CENTER; PROVIDING**

**TERMS, CONDITIONS AND FEES; PROVIDING FOR AN EFFECTIVE DATE  
(REQUESTED BY CITY MANAGER, CHARLES FARANDA).**

**Request Action:**

The Parks and Leisure Services Department is requesting that the City Commission approve the professional services agreement between the City of Lauderhill and RENEE GOMES to provide YOGA GROUP EXERCISE FITNESS CLASSES at the SADKIN COMMUNITY CENTER.

**Need:**

The Parks and Leisure Services Department has recognized a need for quality and variety of health, wellness and fitness class opportunities in facilities.

**Summary Explanation/ Background:**

The Parks and Leisure Services Department will offer exercise and fitness wellness opportunities to the residents at low cost to participants and has recognized that RENEE GOMES D/B/A RENEE GOMES will provide the City of the following services: GROUP EXERCISE YOGA FITNESS and WELLNESS CLASSES.

**Attachments:**

Contract  
Exhibit A&B  
Certificate of Insurance

**Cost Summary/ Fiscal Impact:**

Yoga Fitness Classes are low cost to the participants and classes offered by the Parks and Leisure Services Department.

**Estimated Time for Presentation:**

**Master Plan:**

**Goal 1: Clean, Green Sustainable Environment**

Increase mass transit ridership  Reduce City energy consumption  
 Reduce water consumption

**Goal 2: Safe and Secure City of Lauderhill**

Crime in lower 50% in Broward  Residents feel safe in neighborhood  
 Reduce emergency fatalities

**Goal 3: Open Spaces and Active Lifestyle for all ages**

Increase participation in youth sports  Add new park land and amenities  
 Increase attendance at cultural programs and classes

**Goal 4: Growing Local Economy, Employment and Quality of Commercial Areas**

- Increase commercial tax base
- Increase employment in Lauderhill businesses
- Decrease noxious and blighted uses in commercial areas

**Goal 5: Quality Housing at all Price Ranges and Attractive Communities**

- Neighborhood signs and active HOAs
- Housing & streets improved, litter reduced
- Increase proportion of single family homes and owner occupied housing

**Goal 6: Efficient and Effective City Government, Customer Focused & Values Diversity**

- Improves City efficiency
- Increase use of Information Technology
- Increases residents perception of Lauderhill as an excellent place to live